

WHĀNAU COVID PLAN

RONGOMAIWAHINE
IWI TRUST



MAHIA

Who is in your whānau?

Address: _____

Who lives in your whare:

| Name & Date of Birth | Contact Number | NHI number |
|----------------------|----------------|------------|
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*NHI = national health index, it helps health professionals identify you correctly - you can look on a prescription or health letter or call your GP clinic to get this.

Whānau essentials

What are the specific needs for our whānau and do we have it?

Any high-risk whānau, medications, special kai, baby formula, games/toys, phone top ups

How to keep COVID-19 out of your whare



1

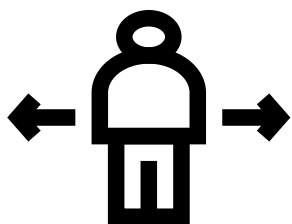
Get the COVID vaccination

2

Wear a face mask



These are the things you can do to try
and keep you and your whānau safe
from COVID.



3

Physical distancing (2m)

4

Horoī ō ringaringa (Wash your hands)

Our plan to keep Our whare COVID free



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What is the plan if a whānau member becomes infected with COVID-19?

1 Create a self-isolation space in your whare for that whānau member to stay in.

2 Discuss how important it is that the person who is sick is in selfisolation

3 Let our tamariki know how important it is to stay away from the person who is sick.

If COVID comes to your whare, what do you need to plan for?

What happens to your:
Kids
Moko's
Kuia & Kaumatua?

Who relies on
your support/help
that you need
to think about?

Who can look
after your
pets or animals
if you can't?

What about
your marae or
church
responsibilities?

What about
your work/mahi?
What about regular
medical treatment?

Our plan for:

Our tamariki/children:

Our Kuia & Kaumatua:

Our pets:

Other responsibilities:



